# Ep. 83: Living with FASD

In this episode, Jenn Wisdahl, Chief Operating Officer at the non-profit FASD United, and Laura Bousquet, a mother to a young adult son diagnosed with FASD in his teens, join host Chris Stallman, CGC to discuss challenges many families with lived FASD experience face. Wisdahl leads FASD United's legislative and policy agenda and trains members of the FASD community to serve as advocates. She was also an executive producer on the award-winning short film "The FASD Project," and is a proud parent to 3 young adults with FASD. Bousquet is a passionate FASD advocate and active FASD United Board member whose own FASD diagnosis at age 57 deepened her dedication to inspiring positive change in the FASD community.

Resources Mentioned in This Episode:

- FASD Family Navigator – FASD United https://fasdunited.org/family-navigator/
- Resource Directory – FASD United https://fasdunited.org/resource-directory/
- Glimpses of FASD – FASD United https://fasdunited.org/glimpses-of-fasd/
- Give FASD a Seat at the Table – FASD United https://fasdunited.org/give-fasd-a-seat-at-the-table/
- FASD State Data Sheets – FASD United https://fasdunited.org/fasd-state-data-sheets/
- Video Series: Lived Experiences with Fetal Alcohol Spectrum Disorders – CDC https://www.cdc.gov/fasd/stories/video-series.html

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# Ep. 83: Living with FASD

In the second episode of the fetal alcohol spectrum disorders (FASD) special series, we explore the Centers for Disease Control and Prevention's work addressing FASD and how scientific findings are helping shape prevention efforts.

Resources Mentioned in This Episode:

- About CDC's National Center on Birth Defects and Developmental Disabilities
- About Fetal Alcohol Spectrum Disorders
- What CDC Is Doing: FASDs
- Online Trainings and Resources
- FASD National Partner Network Toolkit
- Video Series: Lived Experiences with Fetal Alcohol Spectrum Disorders
- "Let's Talk" Materials Toolkit

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# Ep. 83: Living with FASD

In this episode, Dr. Kenneth Lyons Jones, one of the pioneers who first identified Fetal Alcohol Spectrum Disorders (FASD) in the United States in 1973, and Dr. Christina Chambers, a renowned epidemiologist who has conducted groundbreaking research on the prevalence of FASD, join host Chris Stallman, CGC, to discuss the discovery of FASD, its common physical and cognitive traits, and its prevalence today.

Resources Mentioned in This Episode:

- Dr. Kenneth Lyons Jones on the History of Fetal Alcohol Syndrome – FASD
- Prevalence of Fetal Alcohol Spectrum Disorders in 4 US Communities | Antenatal Exposures and Child Outcomes | JAMA | JAMA Network
- Fetal Alcohol Spectrum Disorders – American Academy of Pediatrics
- Types of Treatment for FASDs | Fetal Alcohol Spectrum Disorders | CDC
- Choline supplements in young children with fetal alcohol spectrum disorder have lasting cognitive benefits | National Institute on Alcohol Abuse and Alcoholism (NIAAA)

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# Ep. 83: Living with FASD

Sura Alwan, MSc, PHD of the University of British Colombia and co-director of the Teratogen Information System (TERIS) at the University of Washington joins host Chris Stallman, CGC to discuss acetaminophen (Tylenol) use in breastfeeding.

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Sura Alwan, MSc, PHD of the University of British Colombia and co-director of the Teratogen Information System (TERIS) at the University of Washington joins host Chris Stallman, CGC to discuss acetaminophen (Tylenol) use in pregnancy.

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