

Ep. 66: HIV and Breastfeeding

Becky Spencer, PhD, APRN, PMHNP-BC, IBCLC, PMH-C, FILCA joins host Chris Stallman, CGC, to talk about updated information about having HIV and breastfeeding. Dr. Spencer discusses the stigma and provides the latest evidence-based guidelines for HIV-positive parents.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

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Dr. Linda Eckert, a board-certified obstetrician and gynecologist and member of the American College of Obstetrics and Gynecology (ACOG) Expert Immunization Committee, talks to host Chris Stallman, CGC, about the RSV vaccine approved specific to pregnant people. They discuss how the vaccine can protect the pregnant person and unborn baby as well as when to receive the vaccine.

Links mentioned during the episode:

RSV Vaccine Finder

ACOG Vaccine Resource

More about expert and author Dr. Linda Eckert

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Amanda Devereaux, RN, BSN, from the **National CMV Foundation**, joins host Chris Stallman, CGC, to talk about what CMV is, how it affected her child and ways to prevent the spread of the infection during pregnancy. This is a special **Birth Defects Awareness Month**-focused episode. #everyjourneymatters #NBDAM #stopCMV

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Robert McDonald, MD, MPH joins host Chris Stallman, CGC to talk about **congenital syphilis**, which experts say is on the rise in the United States. Dr. McDonald is a medical epidemiologist in the Division of STD Prevention (DSTDP) at the National Center for HIV, Hepatitis, STD and TB Prevention of the US Centers for Disease Control and Prevention (CDC). Dr. McDonald serves as a CDC congenital syphilis subject matter expert, and he is also a practicing physician, focusing on HIV, STI, and harm reduction care at a free clinic in Atlanta, Georgia.

Resource Links:

[Congenital Syphilis CDC Factsheet](#)

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Kimberly Harper, MSN, RN, MHA of The 4th Trimester Project and the University of North Carolina Collaborative for Maternal and Infant Health joins host Chris Stallman, CGC to discuss preparing for the critical weeks after getting home from the hospital with a newborn, also known as “the 4th trimester.”

Resources mentioned during the podcast include:

New Mom Toolkit: <https://newmomhealth.com/>

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