

## Ep. 65: Pregnancy After Age 35

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Host Chris Stallman, CGC, welcomes back Maternal-Fetal Medicine Specialist and social media health educator, Dr. Shannon Clark of [@babiesafter35](#).

Dr. Clark debunks myths about the risks associated with having children later in life. She also gives the audience insight into her own personal journey having children after age 35.

**Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](#).**

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## Ep. 65: Pregnancy After Age 35

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Dr. John Esdaile, the founding Scientific Director of **Arthritis Research Canada**, joins host Chris Stallman to talk about Lupus and the medications to treat the condition during pregnancy. He also discusses the strides being made in research and how others can get involved in it, such as participating in **MotherToBaby's Lupus in pregnancy study**.

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## Ep. 65: Pregnancy After Age 35

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Dr. Katayune Kaeni, aka “Dr. Kat,” joins host Chris Stallman to talk about maternal mental health including postpartum depression, anxiety and psychosis. Dr. Kat serves on the board of directors for **Postpartum Support International**. She’s a psychologist certified in Perinatal Mental Health. She works with pregnant, loss and postpartum parents in California. She also hosts the **Mom & Mind** podcast.

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Jonathan Cherry, Senior Director of Research Operations from the March of Dimes, joins The MotherToBaby Podcast host, Chris Stallman, to discuss preterm birth and the latest research surrounding it.

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Leslie, a mom of two, joins host Chris Stallman to talk about her experience participating in a MotherToBaby pregnancy study. She describes the time commitment, benefits, study results and why she decided to take part in the first place.

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