Ep. 53: Participating in a Pregnancy Study: World Birth Defects Day

In this special World Birth Defects Day-themed episode, Dr. Christina Chambers, a UC San Diego Professor of Pediatrics and Past President of MotherToBaby, joins host Chris Stallman, CGC, to talk about the importance of pregnancy study participation and the role research plays around the world. Leslie, a past research participant and mom of two, talks about her experience being in a study.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

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Dr. Phil Anderson, medications in breastfeeding expert, joins host Chris Stallman, CGC, to discuss LactRx, a free new app providing current information on the use of medications, vaccines, diagnostic agents & drugs of misuse during breastfeeding. The LactRx app provides easy access to the LactMed database, a resource from the National Library of Medicine (NLM).

LactRx® by MotherToBaby

Download LactRx:

iPhone

Android

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

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Maternal-Fetal Medicine Specialist and social media health educator, Dr. Shannon Clark of @babiesafter35 joins host Chris Stallman to discuss high risk pregnancies and top ways to prevent birth defects.

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Two experts from the Centers for Disease Control and Prevention (CDC) join host Chris Stallman, CGC, to talk about birth defects awareness “across the lifespan” and why it’s important for future generations.

Resources mentioned on the episode:

Free Materials about Congenital Heart Defects | CDC

Congenital Heart Defects Toolkit for Physicians | CDC

Birth Defects and Infant Disorders Resources |CDC

Free Materials on Spina Bifida | CDC

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Dr. Tolúwalàṣé (Laṣé) Ajayi, MD, FAAP from Scripps Research Digital Trials Center in California, joins host Chris Stallman, CGC to talk about PowerMom. PowerMom is a data-driven research project fueled by pregnant participants aimed at improving pregnancy health. Participants contribute information through the PowerMom website/app during their pregnancies and gain feedback as pregnancy progresses. Dr. Ajayi also shares her personal encounter with health disparities and why research may be one of the ways to help reduce the problem.

PowerMom: https://powermom.scripps.edu/

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