

# Episode 7: Opioids and Alcohol in Pregnancy: Questions during One Caller's Adoption Process

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Can some alcohol be ok during a woman's pregnancy? Has it been researched well? What about opioid use in a birth mom if one is considering an adoption? Will the baby born have problems? Sarah Obican, MD, a maternal-fetal high-risk pregnancy subspecialist from MotherToBaby's Florida affiliate at the University of South Florida in Tampa joins host Chris Stallman, a certified genetic counselor and mom. Together, they answer one caller's questions about a possible adoption that may have been exposed to alcohol and opioids.

**Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).**

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