Episode 4: Maternal Mental Health & Postpartum Depression

What can a pregnant or breastfeeding woman take to control her mental illness? What happens if she leaves her mental illness untreated? What are the risks to her developing baby? Host Chris Stallman, a certified genetic counselor and mother, helps provide answers in a Maternal Mental Health Month special edition episode featuring Dee Quinn, also a certified genetic counselor, as well as a teratogen information specialist with a psychiatric nursing background. Also, this episode features special guests from Keepemcookin.com and SpeakingforMomsandBabies.com.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

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