

Ep. 64: Weight Loss and Ozempic in Pregnancy

Sarah Obican, MD, a maternal-fetal medicine specialist at the University of South Florida and medical director of MotherToBaby Florida, joins host Chris Stallman, CGC to discuss what's known about Ozempic, berberine supplement and other weight loss trends during pregnancy and breastfeeding.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

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