Ep. 70: Nurse Family Partnership

In this special episode, MotherToBaby Podcast host, Chris Stallman, CGC, introduces listeners to Nurse Family Partnership (NFP) an evidence-based, community health program with 45 years of research showing significant improvements in the health and lives of first-time moms and their children affected by social and economic inequality. Guests, Marie James and Savannah Bertrand, talk about the impact NFP has had on their lives and how the parents can find a local NFP nurse where they live.

Marie James, MHA, MHEd, BSN, RN has more than 30 years of clinical, public health and program administrative experience. She currently serves as a Senior Manager, Nursing Practice with the National Service Office for Nurse-Family Partnership and Child First.

Savannah Bertrand, an NFP Parent Ambassador, was introduced to Western Wisconsin Nurse-Family Partnership Consortium in 2019 by her local WIC office after becoming pregnant with her second child and disclosing pre-existing mental health issues. Savannah says her NFP nurse gave her confidence to take care of her own mental health plus the reassurance that she would be an excellent parent.

To watch this episode on YouTube, click here.

Resources mentioned in this episode:

Nurse Family Partnership

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