

Episode 21: Inflammatory Bowel Disease in Breastfeeding

Amber Tresca, host of the podcast AboutIBD.com, joins The MotherToBaby Podcast host Chris Stallman, CGC, to talk about Inflammatory Bowel Disease (IBD) in breastfeeding. Chris is also joined by Beth Kiernan, MPH, of MotherToBaby California who helps answer Amber's questions. When you have a chronic condition, like IBD, you may be concerned about the medications you need to take and how if it may reach your baby. We'll go over what you need to know about IBD & breastfeeding.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

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Amber Tresca, host of the podcast AboutIBD.com, joins The MotherToBaby Podcast host Chris Stallman, CGC, to talk about Inflammatory Bowel Disease (IBD) in pregnancy. Chris is also joined by Beth Kiernan, MPH, of MotherToBaby California who helps answer Amber's questions. IBD conditions like Crohn's disease and ulcerative colitis may require the management of medications during pregnancy in order to successfully treat mom, and extra preconception planning. Find out what you need to know about IBD in pregnancy.

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