

# Episode 31: Bug Repellent, Sunscreen, Sushi & Hair

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The MotherToBaby Podcast takes calls from listeners. Chris Stallman, certified genetic counselor and podcast host, answers questions about sunscreen, bug repellent, hair treatments and sushi during pregnancy and breastfeeding.

**Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).**

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Our experts continue the conversation about Zika Virus and why we're still talking about it well after its initial outbreak. We answer questions about men and Zika, planning a pregnancy and Zika, and much more. Lorrie Harris-Sagaribay, MPH, a bilingual teratogen information specialist at MotherToBaby North Carolina and Kirstie Perrotta, MPH, a teratogen information specialist at MotherToBaby California join host Chris Stallman, a certified genetic counselor, teratogen information specialist and mother of four, to answer the public's questions.

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Why are we still talking about Zika Virus? Should I still be concerned about it if I'm pregnant and traveling to another country this holiday season? Lorrie Harris-Sagaribay, MPH, a bilingual teratogen information specialist at MotherToBaby North Carolina and Kirstie Perrotta, MPH, a teratogen information specialist at MotherToBaby California join host Chris Stallman, CGC to answer the public's questions about Zika Virus, its potential effects during pregnancy and why it's still a critical topic years after its initial outbreak.

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