Episode 23: Allergies and Breastfeeding

Beth Conover, APRN, CGC and Angela Messer, MS join host Chris Stallman, a certified genetic counselor and mom of four to discuss allergy medications while breastfeeding. How can you ensure milk supply isn't affected when taking allergy medication? Is over-the-counter medications safer than prescription allergy medications? Follow along as we talk about these allergy topics. DISCLAIMER: This episode was recorded at our 2019 Annual Meeting prior to the COVID-19 pandemic.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

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Beth Conover, APRN, CGC and Angela Messer, MS join host Chris Stallman, a certified genetic counselor and mom of four to discuss allergy medications during pregnancy. What do you know about seasonal allergies? What are the common questions about allergy medications? Join us to discuss! DISCLAIMER: This episode was recorded at our 2019 Annual Meeting prior to the COVID-19 pandemic.

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