

Ep. 75: Debunking Folic Acid Myths

Host Chris Stallman, CGC, welcomes back Maternal-Fetal Medicine Specialist and social media health educator, Dr. Shannon Clark of [@babiesafter35](#). Dr. Clark joins the podcast for a special Folic Acid Awareness Week episode and debunks potentially dangerous folic acid myths being spread on social media. Hear the evidence-based facts in this important episode!

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](#).

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