

Ep. 58: Lupus and Pregnancy

Dr. John Esdaile, the founding Scientific Director of **Arthritis Research Canada**, joins host Chris Stallman to talk about Lupus and the medications to treat the condition during pregnancy. He also discusses the strides being made in research and how others can get involved in it, such as participating in **MotherToBaby's Lupus in pregnancy study**.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.mothertobaby.org).

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Dr. Tolúwalàsé (Laşé) Ajayi, MD, FAAP from Scripps Research Digital Trials Center in California, joins host Chris Stallman, CGC to talk about PowerMom. PowerMom is a data-driven research project fueled by pregnant participants aimed at improving pregnancy health. Participants contribute information through the PowerMom website/app during their pregnancies and gain feedback as pregnancy progresses. Dr. Ajayi also shares her personal encounter with health disparities and why research may be one of the ways to help reduce the problem.

PowerMom: <https://powermom.scripps.edu/>

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