

Ep. 80: Influencers, Self-Advocacy and Studies

Dr. Kiarra King, MD, FACOG, a board-certified obstetrician-gynecologist and social media influencer with thousands of followers, joins host Chris Stallman, CGC to talk about the importance of diversity in pregnancy studies as well as self-advocacy during pregnancy. Dr. King was recently named one of the **top 15** Chicago-based “influencers to follow” for her thoughtful content on women’s health, well-being, self-care, lifestyle, fashion and family.

Resources Mentioned in this Episode:

[Join a Pregnancy Study](#)

[Dr. Kiarra King’s website](#)

[Dr. Kiarra King on Instagram](#)

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

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