

# Ep. 43: Melatonin in Kids, Pregnancy and Breastfeeding

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Laura Morehouse, MPH, CHES, Community Outreach Coordinator from the Arizona Poison and Drug Information Center joins host Chris Stallman, CGC, to talk about the recent controversy surrounding melatonin overdoses.

**Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).**

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Dr. Jessica Vernon, a New York-based OBGYN recently featured on the Today Show, continues telling her story of postpartum depression and anxiety (also known as perinatal mood disorders). In this second part of the conversation, she talks about certain medications prescribed during pregnancy and breastfeeding.

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