

Ep. 58: Lupus and Pregnancy

Dr. John Esdaile, the founding Scientific Director of **Arthritis Research Canada**, joins host Chris Stallman to talk about Lupus and the medications to treat the condition during pregnancy. He also discusses the strides being made in research and how others can get involved in it, such as participating in **MotherToBaby's Lupus in pregnancy study**.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

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Dr. Katayune Kaeni, aka "Dr. Kat," joins host Chris Stallman to talk about maternal mental health including postpartum depression, anxiety and psychosis. Dr. Kat serves on the board of directors for **Postpartum Support International**. She's a psychologist certified in Perinatal Mental Health. She works with pregnant, loss and postpartum parents in California. She also hosts the **Mom & Mind** podcast.

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Dr. Steven Dudley, Director of the Arizona Poison and Drug Information Center, joins host Chris Stallman, CGC to discuss the most frequently asked questions its poison center receives from pregnant people. Some questions addressed during this episode include ones that are unique to Arizona, such as rattlesnake and scorpion bites.

Dr. Dudley is a board-certified clinical toxicologist who graduated with a PharmD from the University of Arizona College of Pharmacy in 2015. He completed a toxicology fellowship with the Arizona Poison and Drug Information Center in 2017 and spent nine years working in retail pharmacy

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