

Ep. 64: Weight Loss and Ozempic in Pregnancy

Sarah Obican, MD, a maternal-fetal medicine specialist at the University of South Florida and medical director of MotherToBaby Florida, joins host Chris Stallman, CGC to discuss what's known about Ozempic, berberine supplement and other weight loss trends during pregnancy and breastfeeding.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

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Dr. Linda Eckert, a board-certified obstetrician and gynecologist and member of the American College of Obstetrics and Gynecology (ACOG) Expert Immunization Committee, talks to host Chris Stallman, CGC, about the RSV vaccine approved specific to pregnant people. They discuss how the vaccine can protect the pregnant person and unborn baby as well as when to receive the vaccine.

Links mentioned during the episode:

[RSV Vaccine Finder](#)

[ACOG Vaccine Resource](#)

[More about expert and author Dr. Linda Eckert](#)

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Amanda Devereaux, RN, BSN, from the **National CMV Foundation**, joins host Chris Stallman, CGC, to talk about what CMV is, how it affected her child and ways to prevent the spread of the infection during pregnancy. This is a special **Birth Defects Awareness Month**-focused episode. #everyjourneymatters #NBDAM #stopCMV

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Robert McDonald, MD, MPH joins host Chris Stallman, CGC to talk about **congenital syphilis**, which experts say is on the rise in the United States. Dr. McDonald is a medical epidemiologist in the Division of STD Prevention (DSTDP) at the National Center for HIV, Hepatitis, STD and TB Prevention of the US Centers for Disease Control and Prevention (CDC). Dr. McDonald serves as a CDC congenital syphilis subject matter expert, and he is also a practicing physician, focusing on HIV, STI, and harm reduction care at a free clinic in Atlanta, Georgia.

Resource Links:

[Congenital Syphilis CDC Factsheet](#)

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