

Ep. 66: HIV and Breastfeeding

Becky Spencer, PhD, APRN, PMHNP-BC, IBCLC, PMH-C, FILCA joins host Chris Stallman, CGC, to talk about updated information about having HIV and breastfeeding. Dr. Spencer discusses the stigma and provides the latest evidence-based guidelines for HIV-positive parents.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). Copyright by OTIS, February 28, 2024.

Ep. 66: HIV and Breastfeeding

Host Chris Stallman, CGC, welcomes back Maternal-Fetal Medicine Specialist and social media health educator, Dr. Shannon Clark of [@babiesafter35](https://www.instagram.com/babiesafter35).

Dr. Clark debunks myths about the risks associated with having children later in life. She also gives the audience insight into her own personal journey having children after age 35.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). Copyright by OTIS, February 28, 2024.