Episode 23: Allergies and Breastfeeding

Beth Conover, APRN, CGC and Angela Messer, MS join host Chris Stallman, a certified genetic counselor and mom of four to discuss allergy medications while breastfeeding. How can you ensure milk supply isn't affected when taking allergy medication? Is over-the-counter medications safer than prescription allergy medications? Follow along as we talk about these allergy topics. DISCLAIMER: This episode was recorded at our 2019 Annual Meeting prior to the COVID-19 pandemic.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

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Episode 23: Allergies and Breastfeeding

Beth Conover, APRN, CGC and Angela Messer, MS join host Chris Stallman, a certified genetic counselor and mom of four to discuss allergy medications during pregnancy. What do you know about seasonal allergies? What are the common questions about allergy medications? Join us to discuss! DISCLAIMER: This episode was recorded at our 2019 Annual Meeting prior to the COVID-19 pandemic.

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Episode 23: Allergies and Breastfeeding

Amber Tresca, host of the podcast AboutIBD.com, joins The MotherToBaby Podcast host Chris Stallman, CGC, to talk about Inflammatory Bowel Disease (IBD) in breastfeeding. Chris is also joined by Beth Kiernan, MPH, of MotherToBaby California who helps answer Amber's questions. When you have a chronic condition, like IBD, you may be concerned about the medications you need to take and how if it may reach your baby. We'll go over what you need to know about IBD & breastfeeding.

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Episode 23: Allergies and Breastfeeding

Amber Tresca, host of the podcast AboutIBD.com, joins The MotherToBaby Podcast host Chris Stallman, CGC, to talk about Inflammatory Bowel Disease (IBD) in pregnancy. Chris is also joined by Beth Kiernan, MPH, of MotherToBaby

California who helps answer Amber's questions. IBD conditions like Crohn's disease and ulcerative colitis may require the managment of medications during pregnancy in order to successfully treat mom, and extra preconception planning. Find out what you need to know about IBD in pregnancy.

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Episode 23: Allergies and Breastfeeding

MotherToBaby provides an update as of 4/8/20 on COVID-19 (coronavirus) exposure in pregnancy and while breastfeeding. Maternal anxiety, depression, domestic violence, keeping prenatal appointments…New questions are, once again, answered surrounding the effects the novel coronavirus has had on pregnant and breastfeeding women with the help of Lorrie Harris-Sagaribay, MPH, a teratogen information specialist (an expert in exposures during pregnancy and breastfeeding) from MotherToBaby's North Carolina affiliate and Kirstie Perrotta, MPH, a teratogen information specialist from MotherToBaby' California affiliate.

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