Episode 19: COVID-19 Pandemic Repercussions in Pregnancy and Breastfeeding

MotherToBaby provides an update as of 4/8/20 on COVID-19 (coronavirus) exposure in pregnancy and while breastfeeding. Maternal anxiety, depression, domestic violence, keeping prenatal appointments...New questions are, once again, answered surrounding the effects the novel coronavirus has had on pregnant and breastfeeding women with the help of Lorrie Harris-Sagaribay, MPH, a teratogen information specialist (an expert in exposures during pregnancy and breastfeeding) from MotherToBaby's North Carolina affiliate and Kirstie Perrotta, MPH, a teratogen information specialist from MotherToBaby' California affiliate.

Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). Copyright by OTIS, April 8, 2020.

Episode 19: COVID-19 Pandemic Repercussions in Pregnancy and Breastfeeding

MotherToBaby Podcast host Chris Stallman, a certified genetic counselor and mother of four, is joined by Lorrie Harris-Sagaribay, MPH, a teratogen information specialist (an expert in exposures during pregnancy and breastfeeding) from MotherToBaby's North Carolina affiliate as well as Kirstie Perrotta, MPH, a teratogen information specialist from

MotherToBaby' California affiliate to address the flood of questions the MotherToBaby service is getting regarding COVID-19 (coronavirus) exposure in pregnancy and while breastfeeding.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). Copyright by OTIS, April 8, 2020.

Episode 19: COVID-19 Pandemic Repercussions in Pregnancy and Breastfeeding

Dr. Gina Lundberg of Emory University joins our MotherToBaby Podcast host Chris Stallman, a certified genetic counselor, teratogen information specialist and mother of four, to continue the discussion of High Cholesterol they started on the last podcast. Chris and Dr. Lundberg talks about ways to keep your heart healthy in pregnancy. This podcast addresses healthy eating, exercise activity and other ways to reduce the likelihood of High Cholesterol, particularly in preparation of pregnancy and breastfeeding.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). Copyright by OTIS, April 8, 2020.

Episode 19: COVID-19 Pandemic Repercussions in Pregnancy and Breastfeeding

Dr. Gina Lundberg of Emory University joins our MotherToBaby Podcast host Chris Stallman, a certified genetic counselor, teratogen information specialist and mother of four, to discuss familial hypercholesterolemia (familial hypercholesterolemia (fh)), a genetic disorder characterized by High Cholesterol levels and what's known about the condition in pregnancy and during breastfeeding. Chris and Dr. Lundberg also discuss a MotherToBaby study which aims to learn more about familial hypercholesterolemia (fh) in pregnancy. Plus, our host makes a big personal announcement.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). Copyright by OTIS, April 8, 2020.

Episode 19: COVID-19 Pandemic Repercussions in Pregnancy and Breastfeeding

Chris Stallman, a certified genetic counselor, teratogen information specialist and mother of three (soon four), continues her conversation with two experts and new moms from the Centers for Disease Control and Prevention to talk about the five tips for preventing birth defects, which includes the importance of a healthy weight and boosting your health by avoiding harmful substances during pregnancy. Harmful substances discussed include alcohol, tobacco and other drugs. The tips are part of the theme for January's National Birth Defects Prevention Month.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). Copyright by OTIS, April 8, 2020.