

Episode 13: Diabetes during Pregnancy: Part 2

Chris Stallman, a certified genetic counselor, teratogen information specialist and mother of three continues a discussion about a condition many women encounter during their pregnancies - gestational diabetes. This is a type of diabetes that develops during a woman's pregnancy. Chris shares her own management of gestational diabetes during her current pregnancy and is joined by Alfred Romeo, RN, PhD, a teratogen information specialist at MotherToBaby's Utah affiliate to help to provide evidence-based answers. MotherToBaby Utah is housed at the Utah Department of Health.

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

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Chris Stallman, a certified genetic counselor, teratogen information specialist and mother of three addresses a condition many women encounter during their pregnancies - gestational diabetes. This is a type of diabetes that develops during a woman's pregnancy. Chris shares her own management of gestational diabetes during her current pregnancy and is joined by Alfred Romeo, RN, PhD, a teratogen information specialist at MotherToBaby's Utah affiliate to help to provide evidence-based answers. MotherToBaby Utah is housed at the Utah Department of Health.

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What questions should you ask during the adoption process when it comes to medications, alcohol, illicit drugs and other exposures the baby might have had during his or her birth mother's pregnancy? Our MotherToBaby teratogen information specialists from MotherToBaby California and MotherToBaby North Texas who also have first-hand experience with adoption join host Chris Stallman, a certified genetic counselor, teratogen information specialist and mother of three, to answer the public's questions.

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Our experts continue the conversation about Zika Virus and why we're still talking about it well after its initial outbreak. We answer questions about men and Zika, planning a pregnancy and Zika, and much more. Lorrie Harris-Sagaribay, MPH, a bilingual teratogen information specialist at MotherToBaby North Carolina and Kirstie Perrotta, MPH, a teratogen information specialist at MotherToBaby California join host Chris Stallman, a certified genetic counselor, teratogen information specialist and mother of four, to answer the public's questions.

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Why are we still talking about Zika Virus? Should I still be concerned about it if I'm pregnant and traveling to another country this holiday season? Lorrie Harris-Sagaribay, MPH, a bilingual teratogen information specialist at MotherToBaby North Carolina and Kirstie Perrotta, MPH, a teratogen information specialist at MotherToBaby California join host Chris Stallman, CGC to answer the public's questions about Zika Virus, its potential effects during pregnancy and why it's still a critical topic years after its initial outbreak.

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