Coronaviruses and Pregnancy Statement from MotherToBaby Experts

We know pregnant women are concerned about the newly described coronavirus. MotherToBaby and the CDC are monitoring the situation and will educate people if there is new evidence about a danger from a coronavirus infection that would be specific to the unborn baby. You can find more information on your common questions about the coronavirus through our fact sheet at: https://mothertobaby.org/fact-sheets/covid-19/. In the meantime, common strategies to avoid getting sick include thoroughly washing your hands and avoiding obviously ill people. Contact your healthcare provider if you feel ill and are concerned. If you develop a serious respiratory infection, it is much more likely to be Influenza (the flu) than coronavirus. We know that pregnant women have a harder time fighting off infections, like the flu, which can lead to complications for pregnant women and for babies. If you haven't gotten your flu shot, do it now, for your own health and for the wellbeing of your baby. MotherToBaby has a fact sheet on the flu vaccine at: https://mothertobaby.org/fact-sheets/seasonal-influenza-the-flu-pregnancy/. To keep up with travel notifications and other news on the new coronavirus, go the CDC Coronavirus page at https://www.cdc.gov/coronavirus/index.html [cdc.gov].

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

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