

# World Birth Defects Day March 3 Instagram LIVE!

We hope you'll join MotherToBaby and partners around the world for an Instagram LIVE on Thursday, March 3rd at 10a PT/1pm ET for World Birth Defects Day. MotherToBaby experts will be answering questions about COVID-19 vaccines during pregnancy and while breastfeeding.

You can participate by:

- Following @MotherToBaby on Instagram
- Tap the small badge around the story circles at the top of the screen that says "live" to enter the live stream at 10a PT/1p ET.
- Once you're in the livestream, you can ask a question and/or add a comment. Let us know you're there! World Birth Defects Day is an opportunity to spread the word about preventing birth defects and sharing resources. We hope to see you there on 3/3/2022!



Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

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Join MotherToBaby and partner organizations around the world for a special World Birth Defects Day Facebook and Instagram Live Chat March 3 at 10a PT/1p ET.

How to participate: Follow @MotherToBaby on **Facebook** or @mothertobabyotis on **Instagram** (or both). You might get a notification from Facebook or Instagram that the MotherToBaby page you follow is going live at the live broadcast start time. Alternatively, just go to MotherToBaby's profile on either Facebook or Instagram at the broadcast start time (10a PT/1p ET). You can also get a reminder for the live event by clicking "going" on the Facebook event created for it: <https://www.facebook.com/events/213655426471361/>

On Facebook, the live video should just be playing at the top of MotherToBaby's page. On Instagram, you will see a small badge around the story circles at the top of the screen that says "live." Tap to enter the live stream. The person streaming will know that you are tuning in.

With either platform, once you are watching the live stream, you can comment or ask questions, the same way you'd engage with a non-live post. MotherToBaby's president, Christina Chambers, PhD will be joined by Drs. Kenneth Lyons Jones, MD and Miguel Del Campo, MD to answer questions in English and Spanish about birth defects.

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