MotherToBaby Reminds the Public About the Importance of Vaccinations During Pregnancy

As we enter the 2024-2025 respiratory virus season, MotherToBaby wants to highlight the importance of vaccinations during pregnancy. All pregnant people are recommended to receive the annual flu shot and an updated 2024-2025 COVID-19 vaccine. Tdap, and the Abrysvo® RSV vaccine are recommended in the third trimester. These vaccines are well studied in pregnancy and not expected to increase risks for the developing baby. Furthermore, by protecting the pregnant person from diseases like the flu, COVID-19, pertussis, and RSV, vaccinations can help reduce the risk of pregnancy complications and ensure babies are born with protection against serious illnesses.

MotherToBaby knows that people who are pregnant have a lot to remember. Between taking a prenatal vitamin every day, getting blood work done, attending prenatal visits, and preparing for baby's arrival, the pregnancy to-do list can feel never-ending. In an effort to provide a simplified reminder about the four vaccines recommended in pregnancy and why they are each so important, MotherToBaby has created a helpful infographic available for download below.

"This infographic is a great reminder of the many benefits vaccinations offer during pregnancy" shared Kirstie Perrotta, MPH, co-chair of MotherToBaby's Emerging Issues Task Force. "Getting these vaccines on time is one of the most important things a pregnant person can do for their health and the health of their baby."

Protecting You and Your Baby
Vaccines Recommended in Pregnancy

Did you know?
Vaccines are well studied in pregnancy and not shown to increase risks for the developing baby.

Flu Shot

The flu during pregnancy increases your chance of getting very sick. This can lead to pregnancy problems, hospitalization, and even death.

GET VACCINATED with the flu shot every year, in any trimester of pregnancy.

COVID-19 Vaccine

COVID-19 infection in pregnancy increases your chances of pregnancy problems, being hospitalized, needing a ventilator, and death.

GET VACCINATED with the updated COVID-19 vaccine every year, in any trimester of pregnancy.

RSV Vaccine

RSV (respiratory syncytial virus) can cause severe illness in babies. Getting the vaccine in pregnancy protects the baby from RSV after delivery.

GET VACCINATED with the Abrysvo® RSV vaccine in weeks 32-36 of pregnancy between September and January. (RSV season may differ in some areas. Check with your healthcare provider.)

Tdap

Pertussis (whooping cough) can be serious and even life threatening for young babies. Getting the Tdap vaccine in each pregnancy protects the baby from pertussis after delivery.

GET VACCINATED with Tdap in the third trimester (27-36 weeks) of every pregnancy.

Did you know?
Studies show that antibodies you make after getting vaccinated in pregnancy pass to your baby and can protect them for months after they are born.

MotherToBaby®

For more information about vaccines or other exposures in pregnancy or lactation, **call 866-626-6847, text 855-999-3525,** or visit **https://mothertobaby.org/** to live chat or email and access fact sheets, baby blogs, podcasts and more!

For a PDF version of the infographic, click here.

MotherToBaby also has other resources available on the topic of vaccination in pregnancy.

Be sure to subscribe to The MotherToBaby Podcast so you don't miss our upcoming episode series on vaccination. The podcast is available on iTunes, Amazon Music or wherever you listen to podcasts.

Past vaccine-related podcast episodes:

RSV Vaccine in Pregnancy

Vaccine Questions during Pregnancy Answered

Vaccine Questions during Breastfeeding Answered

COVID-19 Vaccine in Pregnancy

Read our recent Baby Blogs discussing vaccination here:

- https://mothertobaby.org/baby-blog/another-vaccine-in-pregnancy-yes-and-heres-why-thats-good-news/
- https://mothertobaby.org/baby-blog/immunization-education-everything-you-need-to-know-about-vaccines-before-and-during-pregnancy/

And check out our vaccine fact sheets here:

- https://mothertobaby.org/fact-sheets/covid-19-mrna/
- https://mothertobaby.org/fact-sheets/covid-19-protein-subunit-vaccine/
- https://mothertobaby.org/fact-sheets/seasonal-influenza-vaccine-flu-shot-pregnancy/
- https://mothertobaby.org/fact-sheets/tetanus-diphtheria-pertussis-tdap-vaccine-pregnancy/
- https://mothertobaby.org/fact-sheets/respiratory-syncytial-virus-rsv-vaccine-abrysvo/

Still have more questions? MotherToBaby specialists are happy to assist you further. Please feel free to call, chat, text, or email for more information: https://mothertobaby.org/contact/

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

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