



Better Pregnancy Health Info Begins With You

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Centering Black Maternal Health in Pregnancy Research

MotherToBaby Pregnancy Studies is a research program seeking to understand how certain medications, vaccines, or health conditions may affect pregnancy. Our observational research will help people who are pregnant and the health providers who treat them better understand the effects of these exposures in pregnancy. Our studies are observational: participation is completed over the phone and we will never ask a participant to change anything about their current health routine, including their medications.

Black mamas are underrepresented in pregnancy health research – and we want to change this. It is important that people of different ages, races, and ethnicities participate in research because people may react differently to certain medications and treatments due to a combination of factors. With your help, we can improve Black maternal and child health for future families! Visit our [Resource Hub](#) for professionals.

Share Our Studies with Your Patients

Black mamas have a very important role to play in MotherToBaby Pregnancy Studies. All participation is done at home by phone or email. Share our studies with your patients!

[SIGN UP FORM](#)



Share with a Colleague

Tell a colleague about MotherToBaby's services, resources, and research. Help us strengthen our network and make our studies more robust and our results more generalizable to Black mamas!

REFER A PATIENT

How Our Studies Work



Parent-To-Be Enrolls in Study



We Gather Info about the Pregnancy



Discoveries & Insights Gained

What's Involved?

Participants complete 1-3 phone interviews during pregnancy and at least 1 interview after delivery. People are also asked to release the medical records for their pregnancy and for their baby. We use these records to capture information about a person's health as the pregnancy progresses and the health of their baby after delivery. After baby is born, we follow the health of the baby for a period of time to collect information about their growth and development. Finally, some studies offer an **in-home or telemedicine pediatric exam** and/or neurodevelopmental assessments that can also provide insight into the child's development.

Why Us?

MotherToBaby Pregnancy Studies has over 20 years of experience working with pregnant people and new parents to follow their health during pregnancy and the health of their baby after they deliver. Our studies are strongly designed so we can gather the information needed to determine if a particular medication or vaccine has any effects when it has to be taken during pregnancy.

What are the Benefits of Participating?

People who participate in our studies have access to our specialists to answer any questions they might have about exposures during pregnancy and breastfeeding. Certain studies offer a free infant exam by one of our pediatric specialists, and others may offer assessments of your child's development. The exams and developmental assessments may offer you reassurance about your child's growth and could offer important information to discuss with your pediatrician. The results of our studies are published in medical journals and included in medication labels, and can be used by health providers, you, and others like you when navigating treatment decisions in pregnancy. Finally, our participants also have the satisfaction and pride that comes from helping improve the health of future parents and babies.

Why Is It Important to Participate?

Many people may have to take a medication or get a vaccine to manage their health while they are pregnant. Everyone deserves to have information about any potential risks of the product when used during pregnancy, and we can only gather that information if we have a diverse group of people who are pregnant who participate in our studies. All of our studies are observational: we will **never** ask a participant to take or change any aspect of their current healthcare routine. We simply observe their pregnancy and their baby for a period of time after birth.

Some people may ask: ***"But I'm not taking the medication or getting the vaccine you're studying - so why should I participate?"*** Individuals who have not taken the drug of interest are critically important to our studies because they can serve in our comparison groups. In most of our studies, we enroll people into two different comparison groups: a group that has the underlying health condition and a second group of people without an underlying health condition. We can then compare the pregnancies of people in the comparison groups to the pregnancies of people exposed to the medication/vaccine of interest; this helps us determine if the medication/vaccine increases risks compared to unexposed pregnancies. If we didn't have people participating in these comparison groups, we could never be sure if our findings were actually due to the medication/vaccine exposure itself.

Overview Video: What is MotherToBaby Pregnancy Studies?

Watch this quick two-minute video to learn about our MotherToBaby Pregnancy Studies research program that is seeking to understand how certain medications, vaccines, or health conditions may affect pregnancy.



Questions?

We have answers! We're open Monday - Friday from 7am-7pm Pacific, excluding public holidays. To connect with our research team, please contact us at

Phone | 877.311.8972

Email | mothertobaby@health.ucsd.edu

You can also visit our [Frequently Asked Questions](#) to learn more about participating in our studies.

Connect with Us

Follow us on social media.

You can also stay in touch by subscribing to our e-news.

SIGN UP



Join a Study

People who are pregnant and/or breastfeeding deserve better information about medication safety – and you can help by participating in a study.

MAKE A DIFFERENCE

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

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