

Pregnant or Breastfeeding & the COVID-19 Vaccines?

Individuals considering a COVID-19 vaccine should have access to all available information about the safety and efficacy of the vaccine. MotherToBaby California is a program of UC San Diego providing evidence-based information on exposures. Our staff is available 9am-5pm Pacific from Monday-Friday to answer your questions.

We provide **free**, personalized risk and safety information about COVID-19 vaccines and other exposures to pregnant and breastfeeding people. Our team can help you navigate through exposure risk and vaccine information. Contact us today!

Available safety information related to the use of COVID-19 vaccines in pregnancy & breastfeeding by phone, email and chat.

VISIT OUR WEBSITE

Chat with an Expert

Use the purple Live-Chat box at the bottom right of our website to be taken directly to our staff to begin a conversation. Or enter your information below to have an expert email or call you.

100% Confidential

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). *OTIS/MotherToBaby encourages inclusive and person-centered language. While our name still contains a reference to mothers, we are updating our resources with more inclusive terms. Use of the term mother or maternal refers to a person who is pregnant. Use of the term father or paternal refers to a person who contributes sperm.* Copyright by OTIS, February 17, 2021.