

# Advancing Medication Safety Information in Pregnancy

---

## Refer your patients for education & observational studies

MotherToBaby welcomes the opportunity to partner with you on educating your patients about exposures during pregnancy and breastfeeding. Our teratogen information specialists can provide you and your patients with up-to-date, evidence-based information about the safety/risk of medications and other exposures in pregnancy and lactation. To fill critical information gaps, we also enroll pregnant people with select exposures into our observational research studies.

Please consider referring your patients to our exposure information service and/or our pregnancy studies research program.



## Helping You Educate Your Pregnant and Breastfeeding Patients

Our experts are trained in assessing and evaluating risks to pregnancy and breastfeeding outcomes from medications and other exposures, including but not limited to maternal health conditions, infections and vaccines, substances of abuse, and workplace exposures. We conduct a thorough review of the current scientific literature to provide evidence-based information to your patients in a way they will understand. Our teratogen information specialists speak directly to patients by phone, text, email, or live-chat, and are also available to consult with you directly.



**Partners in improving  
medication safety information.**

## **Pregnancy Studies at MotherToBaby**

As an MFM, you are well-aware of the critical gaps in safety data for many medications when taken during pregnancy. We rely on our alliance with healthcare providers to advance the quality of medication safety information through patient referrals into our observational MotherToBaby Pregnancy Studies. Our rigorously designed studies aim to provide this much-needed information, ultimately helping you and your patients better navigate treatment decisions and other complex issues during pregnancy. Women self-enroll, so after you refer a patient nothing further is required from you.

You can refer pregnant patients diagnosed with the following health conditions:

- an autoimmune disease (inc. IBD, rheumatic diseases, psoriasis, atopic dermatitis, & MS)
- asthma
- COVID-19 infection or vaccine exposure

***Women are eligible to participate with or without current medication use.***

## **Ready to refer your patient for exposure information or into a study? Fill out our quick form.**

**Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).**

Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). OTIS/MotherToBaby encourages inclusive and person-centered language. While our name still contains a reference to mothers, we are updating our resources with more inclusive terms. Use of the term mother or maternal refers to a person who is pregnant. Use of the term father or paternal refers to a person who contributes sperm. Copyright by OTIS, December 16, 2020.