

# How Does Lupus Impact Pregnancy?

---

## With Your Help We Can Find Out

MotherToBaby is currently enrolling pregnant people with systemic lupus erythematosus (or SLE, a type of lupus) in an observational study to learn more about lupus and its treatment during pregnancy.

If you join our study, our team will observe your pregnancy and your baby's development for a period of time after birth. **Our research is by observation only—we will not ask you to take or change any medications. Plus, you can participate from the comfort of your home.** All of our studies include:



1-3 phone interviews during your pregnancy and at least 1 interview after you have your baby.



Your permission to obtain a copy of your and your baby's medical records from your healthcare providers.



An opportunity to receive a specialized, non-invasive exam of your baby with a study doctor.

*"Help us improve the ability for pregnant women and their health provider to make safe treatment decisions by joining our Lupus & Pregnancy study!"*

— Christina Chambers, PhD, MPH, MotherToBaby Pregnancy Studies

If you have lupus and are pregnant, you may qualify to join this important study!

## Join Our Study

Your information is confidential.



**UC San Diego**  
SCHOOL OF MEDICINE  
Center for Better Beginnings

**Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).**

---

Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). *OTIS/MotherToBaby encourages inclusive and person-centered language. While our name still contains a reference to mothers, we are updating our resources with more inclusive terms. Use of the term mother or maternal refers to a person who is pregnant. Use of the term father or paternal refers to a person who contributes sperm.* Copyright by OTIS, June 24, 2021.