

## Help Future Moms

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### Volunteer for research to improve the health of moms and babies!

MotherToBaby is currently enrolling pregnant women in an observational study to explore how psoriatic disease (psoriasis and psoriatic arthritis) and its treatment affect pregnancy. **All studies are conducted through phone interviews—no changes to your normal routine or travel required. If you've taken Otezla® (apremilast) and are pregnant, you may qualify for this important study.**

*"There is a huge need to generate more data for all of the drugs that pregnant women need to take."*

— Christina Chambers, PhD, MPH, MotherToBaby Pregnancy Studies

Make an impact on chronic illness by enrolling into our pregnancy study!



**UC San Diego**  
**CENTER FOR BETTER BEGINNINGS**

## Join our Otezla® Study

Your information is confidential.

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***MotherToBaby Pregnancy Studies are conducted by the Organization of Teratology Information Specialists (OTIS) and coordinated by the University of California San Diego. MotherToBaby is listed as a resource for information about medications in pregnancy by the US Food and Drug Administration (FDA) and the Centers for Disease Control and Prevention (CDC).***

**Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).**

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