

# Help Moms With Arthritis

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UC San Diego  
SCHOOL OF MEDICINE

Center for Better Beginnings

## **Pregnancy and arthritis discoveries are not possible without volunteers like you.**

MotherToBaby is currently enrolling pregnant women in an observational study to explore how arthritis and its treatment affect pregnancy. All studies are conducted through phone interviews. Participants **will not be asked** to take or change any medications, travel, or make any changes to their current health routines. If you have arthritis (ankylosing spondylitis, rheumatoid arthritis, juvenile rheumatoid arthritis or psoriatic arthritis) and are pregnant, you may qualify for this important study.

**“Over 4,000 women have volunteered to participate in our pregnancy studies!”**

**— Christina Chambers, PhD MPH,  
MotherToBaby Pregnancy Studies**

MotherToBaby is the most trusted information source for medication safety in pregnancy.

**You can make a difference in arthritis & pregnancy research. Sign up today!**

**Contact Our Study Team!**

Your information is confidential.

**Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).**

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Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). *OTIS/MotherToBaby encourages inclusive and person-centered language. While our name still contains a reference to mothers, we are updating our resources with more inclusive terms. Use of the term mother or maternal refers to a person who is pregnant. Use of the term father or paternal refers to a person who contributes sperm.* Copyright by OTIS, May 8, 2020.