

Better Safety Info in Pregnancy Starts with Your Referral

Rigorously Designed Research

We partner with physicians and patients to monitor pregnancy exposure to medications. Our strong cohort study design allows our team to tease apart risks that may be associated with underlying disease versus those associated with a medication exposure.

Referral Is Easy & Patient Self-Enrolls


1- Refer: All you need to do is refer your patients to us. Women self-enroll, so after you make the referral nothing further is required from you.

2 - Observation: Our research is by observation only — we will not ask your patient to take or change any medications or change any part of her healthcare routine


3 - Participation: Women complete 1-3 phone interviews during pregnancy and at least 1 after pregnancy, and authorize the release of medical records for the pregnancy and for their baby.

Refer Your Patient into an Observational Study

Patients who have taken the following medications during a current pregnancy.



Patients who have the following conditions and have **not** taken the medications during pregnancy.



Please consider referring your patients if they fall into either of these two groups:

- Patients who have taken any of the following **medications** during a current pregnancy:
 - Actemra® (Tocilizumab)
 - Arava® (Leflunomide)
 - Aubagio® (Teriflunomide)
 - Cimzia® (Certolizumab)
 - Dupixent® (Dupilumab)
 - Fasenra® (Benralizumab)
 - Ilumya™ (Tildrakizumab)
 - Kevzara® (Sarilumab)
 - Motegrity® (prucalopride)
 - Nucala® (Mepolizumab)
 - Otezla® (Apremilast)
 - Tremfya® (Guselkumab)
 - Xeljanz® (Tofacitinib)
- 2. Patients who have the following conditions and have **not taken the above medications** during pregnancy.
 - Ankylosing Spondylitis
 - Asthma
 - Atopic Dermatitis
 - Crohn's Disease
 - Functional Constipation
 - Juvenile Idiopathic Arthritis
 - Multiple Sclerosis
 - Psoriasis
 - Psoriatic Arthritis
 - Rheumatoid Arthritis
 - Ulcerative Colitis

Patient Education & Provider Resources

MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). In addition to conducting pregnancy registry studies, we are dedicated to providing no-cost evidence-based information to mothers and health professionals about medications and other exposures during pregnancy and while breastfeeding. We can provide you with patient and provider resources including:

- Patient-friendly Fact Sheets

- Patient Brochures
- Teratogen Information Services

Find out more by contacting our team. Our staff is dedicated to supporting healthcare professionals. Please select if you would like to learn more about patient referrals or to learn more about our resources.

Contact Our Team Today!

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). *OTIS/MotherToBaby recognizes that not all people identify as "men" or "women." When using the term "mother," we mean the source of the egg and/or uterus and by "father," we mean the source of the sperm, regardless of the person's gender identity.* Copyright by OTIS, October 10, 2020.