

Arthritis Exposure Registry

Better Safety Info in Pregnancy Starts with Your Referral

Rheumatologists need more information on the safety of medications when used in pregnancy. MotherToBaby Pregnancy Studies has over 20 years of experience conducting pregnancy exposure cohort studies. With your patient referrals, our research will produce the scientific evidence you and your patients need to weigh the risks and benefits of given treatments for both mom and baby, allowing you to make informed decisions that minimize maternal and fetal/infant risk.

Rigorously Designed Research Studies

We partner with physicians and patients to monitor pregnancy exposure to arthritis medications. Our strong cohort study design allows our team to tease apart risks that may be associated with underlying disease versus those associated with a medication exposure.



UC San Diego

CENTER FOR BETTER BEGINNINGS

Please consider referring your patients if they fall into either of

these two groups:

- Patients who have taken any of the following **medications** during a current pregnancy:

- **Actemra® (Tocilizumab)**
- **Arava® (Leflunomide)**
- **Cimzia® (Certolizumab)**
- **Kevzara® (Sarilumab)**
- **Otezla® (Apremilast)**
- **Xeljanz® (Tofacitinib)**

2. Patients who have **ankylosing spondylitis, juvenile idiopathic arthritis, psoriatic arthritis, or rheumatoid arthritis** and have not taken the above medications during pregnancy.

Referral Is Easy & Patient Self-Enrolls

Refer: All you need to do is refer your patients to us. Women self-enroll, so after you make the referral nothing further is required from you.

Observation: Our research is by observation only — we will not ask your patient to take or change any medications or change any part of her healthcare routine

Participation: Women complete 1-3 phone interviews during pregnancy and at least 1 after pregnancy, and authorize the release of medical records for the pregnancy and for their baby.

Patient Education & Provider Resources for Rheumatologists

MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). In addition to conducting pregnancy registry studies, we are dedicated to providing no-cost evidence-based information to mothers and health professionals about medications and other exposures during pregnancy and while breastfeeding. We can

provide you with patient and provider resources including:

- Patient-friendly Fact Sheets
- Patient Brochures
- Teratogen Information Services

Find out more by contacting our team. Our staff is dedicated to supporting healthcare professionals. Please select if you would like to learn more about patient referrals or to learn more about our resources.

Learn More

"*" indicates required fields

Your Name:*

Your Phone Number:*

Your Email:*

Contact me with more information on:

- ☐ Referring a Patient for Research
- ☐ Patient Education & Provider Resources

Keep me updated on new and relevant resources from MotherToBaby.

☒ Yes, please sign me up to receive emails.

Comments

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Submit

MotherToBaby Pregnancy Studies are conducted by the Organization of Teratology Information Specialists (OTIS) and coordinated by the University of California San Diego. MotherToBaby is listed as a resource for information about medications in pregnancy by the US Food and Drug Administration (FDA) and the Centers for Disease Control and Prevention (CDC).

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

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