

# When Pregnancy, Substance Use Disorder and Mental Health Conditions Collide

Pregnancy is a critical time for identifying and managing co-occurring substance use disorders (SUD) and mental health conditions, yet these overlapping challenges are often underdiagnosed and undertreated. In the first installment of this two-part webinar series, **Marcela Smid, MD, MS, MA, Associate Professor at the University of Utah** and member of the **Society for Maternal-Fetal Medicine (SMFM)**, explores the complex intersection of pregnancy, SUD, and mental health.

Dr. Smid shares insights on the diagnostic difficulties faced by clinicians, the barriers pregnant women encounter when seeking care, and the stigma that often prevents treatment. Drawing from research and clinical experience, she offers evidence-informed strategies to support patients and improve outcomes.

This presentation is essential for healthcare providers, public health professionals, and advocates committed to improving maternal mental health and addressing the unique needs of pregnant women facing substance use and mental health conditions.



**When Pregnancy, Substance Use Disorder and Mental Health Conditions Collide:**  
**Diagnostic and Treatment Challenges and their Evidence-Informed Solutions**

**Marcela Smid, MD, MS, MA**  
Associate Professor, University of Utah  
Member, Society for Maternal-Fetal Medicine



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Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at [MotherToBaby.org](https://www.MotherToBaby.org).

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Congenital syphilis is on the rise across the United States, posing serious risks to pregnancies and infant health. This timely webinar explores the alarming increase in cases and sheds light on the underlying factors contributing to this preventable public health crisis. Attendees will gain insights into the potential pregnancy complications and birth defects associated with congenital syphilis, as well as current efforts by health professionals and advocates to reverse the trend.

The presentation features **Robert McDonald, MD, MPH**, from the **CDC's Division of STD Prevention**, and **Kate Miele, MD, MA, FACOG, an OB-GYN and CDC expert**. Together, they will discuss key strategies for prevention, early diagnosis, and treatment, and highlight what clinicians and community health advocates can do to help.

Join us to learn how we can collectively respond to this critical issue and protect the health of mothers and babies nationwide.



## A Preventable Crisis: Congenital Syphilis in the US

**Robert McDonald, MD, MPH**

*Division of STD Prevention,  
Centers for Disease Control and Prevention (CDC)*

*With Special Guest*

**Kate Miele, MD, MA, FACOG**  
*OBGYN, CDC*



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