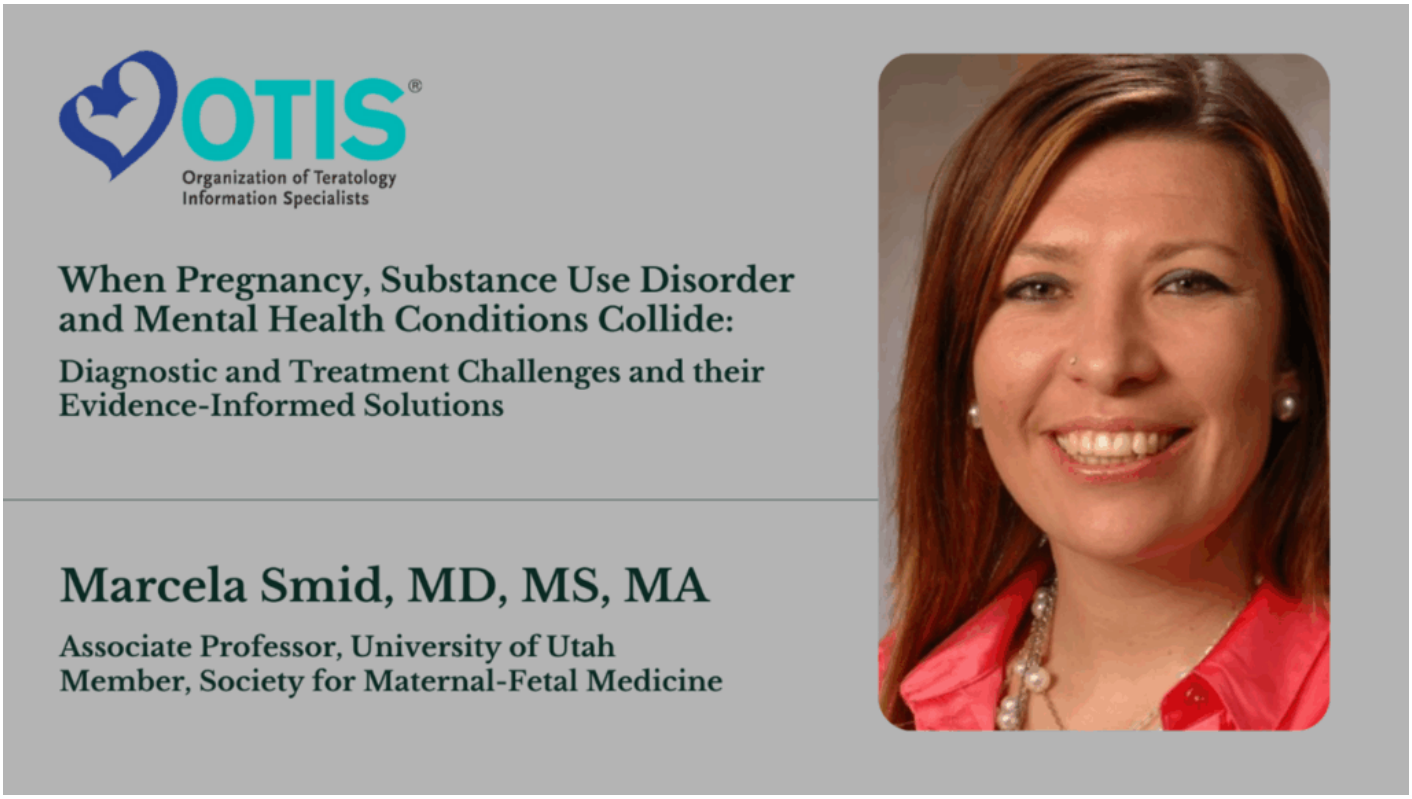
When Pregnancy, Substance Use Disorder and Mental Health Conditions Collide

Pregnancy is a critical time for identifying and managing co-occurring substance use disorders (SUD) and mental health conditions, yet these overlapping challenges are often underdiagnosed and undertreated. In the first installment of this two-part webinar series, **Marcela Smid, MD, MS, MA, Associate Professor at the University of Utah** and member of the **Society for Maternal-Fetal Medicine (SMFM)**, explores the complex intersection of pregnancy, SUD, and mental health.

Dr. Smid shares insights on the diagnostic difficulties faced by clinicians, the barriers pregnant women encounter when seeking care, and the stigma that often prevents treatment. Drawing from research and clinical experience, she offers evidence-informed strategies to support patients and improve outcomes.

This presentation is essential for healthcare providers, public health professionals, and advocates committed to improving maternal mental health and addressing the unique needs of pregnant women facing substance use and mental health conditions.



WATCH NOW

Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

Disclaimer: MotherToBaby Fact Sheets are meant for general information purposes and should not replace the advice of your health care provider. MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS). Copyright by OTIS, May 2, 2024.