Respiratory Virus Risks and Current Vaccine Recommendations for People who are Pregnant

In this presentation, **Kirstie Perrotta, MPH, from UC San Diego and MotherToBaby California**, reviews the risks of respiratory viruses such as COVID-19 and flu during pregnancy, including potential impacts such as miscarriage, birth defects, and pregnancy complications. She also covers the latest data and recommendations for COVID-19, flu, Tdap, and RSV vaccines during pregnancy.

The webinar also covers the latest data and clinical guidance on vaccination during pregnancy, including COVID-19, influenza (flu), Tdap, and RSV vaccines. Attendees will learn how current recommendations are designed to protect both pregnant individuals and their infants, and how to communicate these benefits effectively to patients. Practical insights will be provided on integrating vaccine counseling into routine prenatal care, addressing patient concerns, and promoting informed decision-making.

By the end of this session, participants will leave with a better understanding of the benefits of vaccination for both mom and baby. They will also be able to clearly explain the 2024–2025 vaccine recommendations during pregnancy, supporting evidence-based clinical practice and improving maternal and infant health outcomes.

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Continuing Education (CE) credits are available for ACNM members and non-members who view this session via the ACNM Online Learning Center.

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Respiratory Virus Risks and Current Vaccine Recommendations for People who are Pregnant

Join **Ginger Nichols, MS, CGC, from UConn Institute for Systems Genomics**, for a general review of teratology with a focus on occupational reproductive hazards. This webiar provides general tips on how to reduce potential exposures in the workplace. Participants will gain practical guidance on evaluating the risks associated with workplace hazards and learn evidence-based strategies to minimize exposure for patients.

At the end of this session, participants should be able to define and understand the criteria of a teratogen, evaluate occupational exposures and their risks, explain exposure reduction strategies in the workplace, and identify additional resources for healthcare providers on occupational exposures.

By the end of the session, participants will be able to define and understand the criteria of a teratogen, evaluate occupational exposures and their potential risks, explain exposure reduction strategies, and access additional tools and resources for managing occupational reproductive hazards.

This session is ideal for midwives, nurses, and other healthcare professionals involved in maternal-child health who want to integrate knowledge of teratology and workplace safety into clinical practice.

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Questions? Call 866.626.6847 | Text 855.999.3525 | Email or Chat at MotherToBaby.org.

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In this session, **Christina Chambers, PhD, MPH**, **a perinatal epidemiologist from UC San Diego and Principal Investigator of MotherToBaby Pregnancy Studies,** reviews what is known and what still requires further study on the use of alcohol, cannabis and other substances by breastfeeding women, and how this translates to clinical practice. Participants should leave this session with a better understanding of the potential effects of substance use on infant growth and development, how knowledge gaps in this area are being addressed, and how to translate current knowledge into clinical situations in midwife practice.

Participants will gain a clearer understanding of the potential short- and long-term impacts of maternal substance use on infants and learn how ongoing research is addressing current knowledge gaps. The session will also focus on translating this evidence into practical clinical guidance, including strategies for counseling breastfeeding women, supporting informed decision-making, and integrating risk assessment into midwifery care.

This webinar is designed to enhance the knowledge and clinical skills of midwives and other healthcare providers involved in maternal-child health.

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Respiratory Virus Risks and Current Vaccine Recommendations for People who are Pregnant

Radiation exposure during pregnancy and lactation is a common source of concern for many patients—but not all exposures carry the same risk. In this informative webinar, **Emily A. Caffrey, PhD, CHP, from the Health Physics Society (HPS)**, breaks down the different types of radiation and what is known about their effects on pregnancy and breastfeeding.

Dr. Caffrey explains how radiation interacts with the body, clarifies misconceptions, and provides science-based guidance to help patients and providers make informed decisions. She also answers frequently asked questions about specific radiological procedures, such as X-rays, CT scans, and nuclear medicine exams during pregnancy and lactation.

This webinar is ideal for healthcare professionals, counselors, and public health educators looking to improve their understanding of radiation safety and better support patients during a time when reassurance and accurate information are essential.

OTIS
Organization of Teratology Information Specialists

Radiation in Pregnancy and Lactation 101

Presented by

Emily A. Caffrey, PhD, CHP

Health Physics Society

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