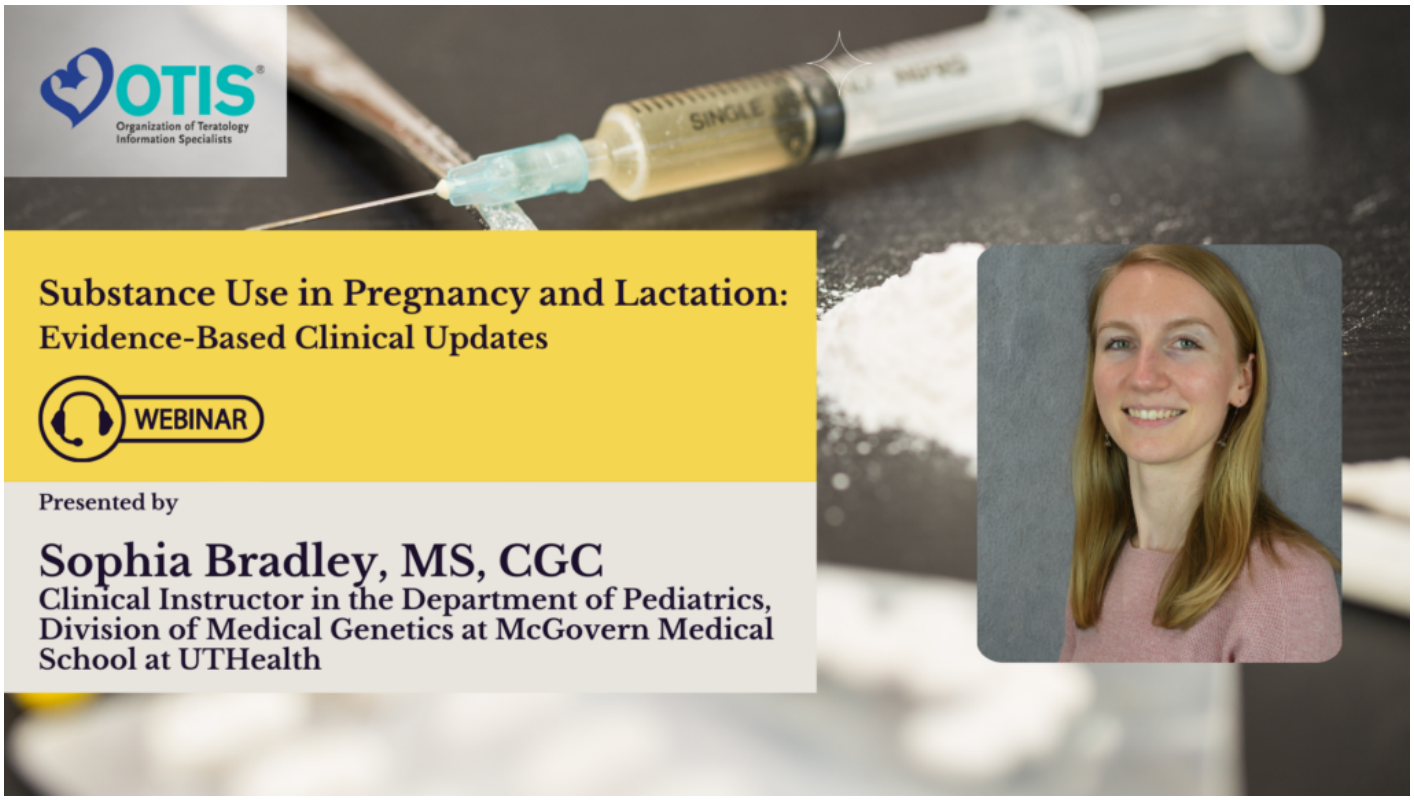
Substance Use in Pregnancy and Lactation

Substance use during pregnancy and breastfeeding raises many questions for both healthcare providers and families. In this webinar, genetic counselor Sophia Bradley, MS, CGC, provides an evidence-based overview of the latest research on exposures to alcohol and drugs during pregnancy and lactation.

The presentation reviews current data on potential risks, outcomes, and clinical considerations when counseling patients about substance use during pregnancy and breastfeeding. Designed for newborn care specialists and healthcare professionals, this session highlights key insights to support informed, evidence-based conversations with patients.

Sophia Bradley is a certified genetic counselor and Clinical Instructor in the Department of Pediatrics, Division of Medical Genetics at McGovern Medical School at UTHealth. She also serves as a teratogen information specialist with MotherToBaby, where she provides exposure counseling, presents educational seminars, and contributes to the development of public health resources.



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