

Request
Office Materials

- Brochures
- Flyers
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Access FREE
Patient Services

- Personalized information from a Teratogen Specialist
- Online fact sheets on common exposures

MotherToBaby is a suggested resource by the CDC and the FDA Office of Women's Health

- prescription & OTC medications
- maternal medical conditions
- vitamins & supplements
- infections & vaccines
- chemical exposures
- alcohol & recreational drugs
- and more...

WE CAN HELP WITH QUESTIONS REGARDING

MotherToBaby provides FREE evidence-based information on the safety of medications and other exposures during pregnancy and breastfeeding.

Information and Education Resources for you & your patients

HEALTHIER MOMS, HEALTHIER BABIES
Helping you **Identify** the
Safest Treatment Options
During **Pregnancy**



MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS).
MotherToBaby Pregnancy studies are conducted by OTIS and coordinated at the University of California San Diego.

- One to four phone interviews during pregnancy with at least one interview after delivery
- Releasing medical records for their pregnancy and for their baby up to 5 years of age
- May involve a free specialized pediatric exam and neurodevelopmental testing for their child
- No travel or changes to medication use or healthcare routine

PATIENT PARTICIPATION INVOLVES

Help us find answers to how chronic conditions and medications affect the health of mom and baby.
Browse our current pregnancy registries
at mothertobaby.org/studies

Observational Pregnancy Studies



—Christina Chambers, PhD, MPH
Professor, University of California San Diego School of Medicine;
Principal Investigator, MotherToBaby Pregnancy Studies

Every mom deserves clear and concise information on health conditions and exposures during pregnancy. We are committed to bringing you better information for healthier outcomes.

MotherToBaby is the nation's most trusted resource for information and research about pregnancy exposures.

Contact Us Today

Hablamos Español

CALL
877.311.8972

WEBSITE
MotherToBaby.org/refer

EMAIL
mothertobaby@ucsd.edu

MOTHERTOBABY APP



Join the conversation on
f t in y p **MotherToBaby**

Critical periods of your baby's development



WHAT ARE STRUCTURAL BIRTH DEFECTS?

Structural birth defects are abnormalities in the structure of body parts. Examples include cleft palate, heart defects and spina bifida.



WHAT ARE FUNCTIONAL BIRTH DEFECTS?

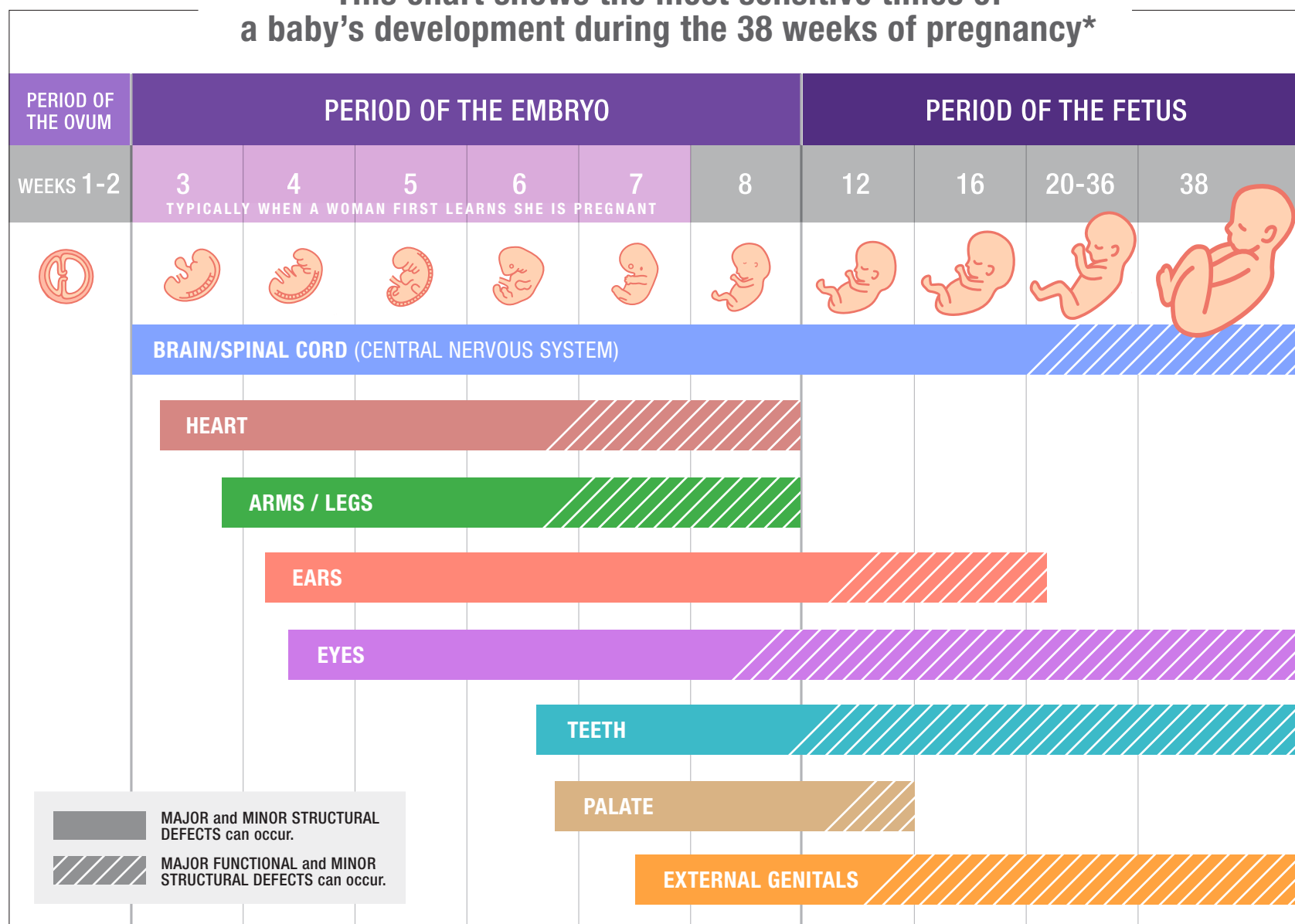
Functional birth defects are problems in how a body system works. Examples include hearing and vision loss.



WHAT CAUSES BIRTH DEFECTS?

Birth defects can be caused by genetic (mutations) or environmental factors (teratogens). Examples of teratogens include alcohol, certain medications, and infections.

This chart shows the most sensitive times of a baby's development during the 38 weeks of pregnancy*



*This fetal chart shows the 38 weeks of pregnancy. Since it is difficult to know exactly when conception occurs, health care providers calculate a woman's due date 40 weeks from the start of her last menstrual cycle.

Adapted from Moore, 1993 and the National Organization on Fetal Alcohol Syndrome (NOFAS) 2009



Hablamos
Español

ASK THE EXPERTS

about the safety of medications and other exposures during pregnancy.

Call **877.311.8972**

Visit **mothertobaby.org**

Download App



MotherToBaby
PREGNANCY STUDIES

RESEARCH FUELED BY MOMS

For a list of our current observational studies and to see if you qualify, visit **mothertobaby.org/studies**