HEALTHIER MOMS, HEALTHIER BABIES
Helping you Identify the Safest Treatment Options During Pregnancy

Every mom deserves clear and concise information on health conditions and exposures during pregnancy. We are committed to bringing you better information for healthier outcomes.

—Christina Chandrasekhar, PhD MPH
Professor, University of California San Diego School of Medicine, Principal Investigator, MotherToBaby Pregnancy Studies

Observational Pregnancy Studies
Help us find answers to how chronic conditions and medications affect the health of mom and baby. Browse our current pregnancy registries at mother-to-baby.org/studies

PATIENT PARTICIPATION INVOLVES
• One to three phone interviews during pregnancy with at least one interview after delivery
• Releasing medical records for their pregnancy and for their baby up to 5 years of age
• May involve a free specialist pediatric exam and neurodevelopmental testing for your child
• No travel or changes to medication use or healthcare routine

Refer your patients today!
877.311.8972 to speak to a specialist
mother-to-baby.org/refer
mother-to-baby@ucsd.edu

MotherToBaby is a project of the Society for Maternal-Fetal Medicine.

Information and Education
Resources for you & your patients
MotherToBaby provides FREE evidence-based information on the safety of medications and other exposures during pregnancy and breastfeeding.

WE CAN HELP WITH QUESTIONS REGARDING
• Prescriptions & OTC medications
• Maternal medical conditions
• Vitamins & supplements
• Infections & vaccines
• Chemical exposures
• Alcool & recreational drugs
• And more...

MotherToBaby is a suggested resource by the CDC and the FDA Office of Women's Health.

Access FREE Patient Services
• Personalized information from a Teratogen Specialist
• Online fact sheets on common exposures

Request Office Materials
• Brochures
• Flyers
• Totebag
Critical periods of your baby’s development

**WHAT ARE STRUCTURAL BIRTH DEFECTS?**
Structural birth defects are abnormalities in the structure of body parts. Examples include cleft palate, heart defects and spina bifida.

**WHAT ARE FUNCTIONAL BIRTH DEFECTS?**
Functional birth defects are problems in how a body system works. Examples include hearing and vision loss.

**WHAT CAUSES BIRTH DEFECTS?**
Birth defects can be caused by genetic (mutations) or environmental factors (teratogens). Examples of teratogens include alcohol, certain medications, and infections.

This chart shows the most sensitive times of a baby’s development during the 36 weeks of pregnancy:

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<thead>
<tr>
<th>PERIOD OF THE EMBRYO</th>
<th>PERIOD OF THE FETUS</th>
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<tbody>
<tr>
<td>WEEKS 1-2</td>
<td>3 4 5 6 7 8 12 16 20-36 38</td>
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**BRAIN/SPINAL CORD (CENTRAL NERVOUS SYSTEM)**
- Heart
- Arms / Legs
- Ears
- Eyes
- Teeth
- Palate
- External Genitals

ASK THE EXPERTS
about the safety of medications and other exposures during pregnancy.
Call 877.311.8972
Visit mother拓baby.org
Download App

RESEARCH FUELED BY MOMS
For a list of our current observational studies and to see if you qualify, visit mother拓baby.org/studies

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MotherToBaby
PREGNANCY STUDIES