

Rheumatology Brochure

1 | Front & Back

Your Trusted Partner
in Identifying the **Safest**
Treatment Options
during **Pregnancy**

INFORMATION & RESEARCH



MotherToBaby is the nation's most trusted resource for information and research about pregnancy exposures.

Contact Us Today
Hablamos Español

CALL
877.311.8972

WEBSITE
[MotherToBaby.org/refer](https://www.MotherToBaby.org/refer)

EMAIL
mothertobaby@ucsd.edu

MOTHERTOBABY APP
Download on the  **App Store**
GET IT ON  **Google Play**



Join the conversation on
     **MotherToBaby**

HCPR002017



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Information and Education


Resources for you & your patients

MotherToBaby provides FREE evidence-based information on the safety of medications and other exposures during pregnancy and breastfeeding.

WE CAN HELP WITH QUESTIONS REGARDING

- prescription & OTC medications
- maternal medical conditions
- vitamins & supplements
- infections & vaccines
- chemical exposures
- alcohol & recreational drugs
- and more...

MotherToBaby is a suggested resource by the CDC and the FDA Office of Women's Health




Request Office Materials

- Brochures
- Flyers
- Posters

Access FREE Patient Services

- Personalized information from a Teratogen Specialist
- Online fact sheets on common exposures



A huge part of MotherToBaby is observational research; to do this we depend on women sharing their experience. We put it all together and disseminate the information to health care providers and their patients so that together they can make evidence-based decisions about the best treatment in pregnancy.

—**Christina Chambers, PhD, MPH**
Professor, University of California San Diego School of Medicine;
Principal Investigator, MotherToBaby Pregnancy Studies


Observational Pregnancy Studies


Help us find answers to how medications affect pregnancy


PATIENT PARTICIPATION INVOLVES

- One to four phone interviews during pregnancy with at least one interview after delivery
- Releasing medical records for their pregnancy and for their baby up to 5 years of age
- May involve a free specialized pediatric exam and neurodevelopmental testing for their child
- No travel or changes to medication use or healthcare routine

Refer your patients today!

 **877.311.8972**
to speak to a specialist

 [MotherToBaby.org/refer](https://www.MotherToBaby.org/refer)

 mothertobaby@ucsd.edu

MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS).
MotherToBaby Pregnancy studies are conducted by OTIS and coordinated at the University of California San Diego.

Rheumatology Brochure

Rheumatoid Insert

Front

Back

Rheumatic Treatments during Pregnancy



Are you treating a patient with a rheumatic disease who is pregnant or planning a pregnancy?

MotherToBaby Pregnancy Studies currently conducting observational research studies for pregnant women diagnosed with rheumatic diseases, such as Ankylosing Spondylitis, Psoriatic Arthritis, and/or Rheumatoid Arthritis.

You can contribute to the greater understanding of rheumatic diseases and their treatments during pregnancy.

Refer your patients today!

877.311.8972
mothertobaby.org/refer
mothertobaby@ucsd.edu



Help us **find answers** on how **rheumatic diseases** and their treatments affect **pregnancy** outcome.

PATIENT PARTICIPATION INVOLVES:

- **One to three** phone interviews during pregnancy with at least one interview after delivery
- Releasing medical records for their pregnancy and for their baby up to five years of age
- **In some cases, a free specialized pediatric exam and/or neurodevelopmental testing for their child**
- No travel or changes to healthcare routine are required

Information and Education From the Experts

MotherToBaby is the nation's leading authority and most trusted source of evidence-based information on the safety of medications and other exposures during pregnancy and while breastfeeding.

Referrals are easy

877.311.8972
mothertobaby.org/refer
mothertobaby@ucsd.edu



Access FREE Patient Education Resources

- Fact Sheets
- In-office Materials
- Expert Info by Phone, Text, Email & Chat

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HCPR92019