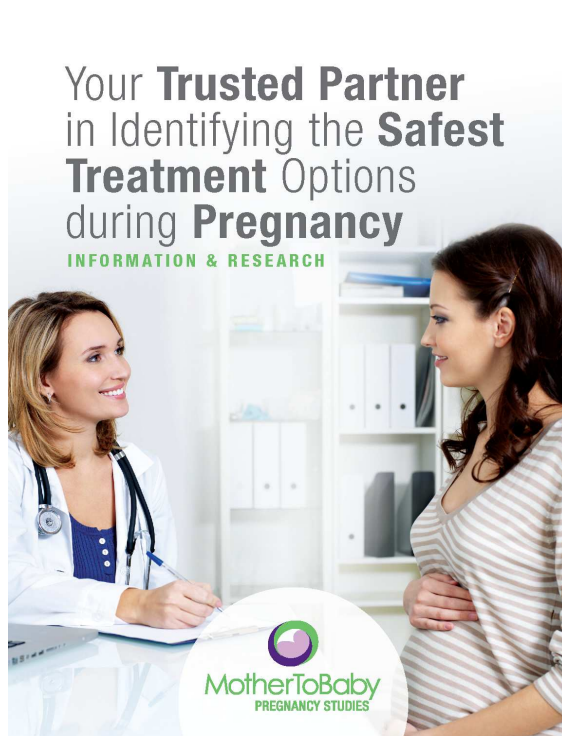


# Health Care Provider Brochure

## 1 | Front & Back



## 2 | Interior

**“**

A huge part of MotherToBaby is observational research; to do this we depend on women sharing their experience. We put it all together and disseminate the information to health care providers and their patients so that together they can make evidence-based decisions about the best treatment in pregnancy.

**—Christina Chambers, PhD, MPH**  
Professor, University of California San Diego School of Medicine;  
Principal Investigator, MotherToBaby Pregnancy Studies

**Observational Pregnancy Studies**

Help us find answers to how medications affect pregnancy

**PATIENT PARTICIPATION INVOLVES**

- One to four phone interviews during pregnancy with at least one interview after delivery
- Releasing medical records for their pregnancy and for their baby up to 5 years of age
- May involve a free specialized pediatric exam and neurodevelopmental testing for their child
- No travel or changes to medication use or healthcare routine

**Refer your patients today!**

 **877.311.8972**  
to speak to a specialist

 **MotherToBaby.org/refer**

 **mothertobaby@ucsd.edu**

MotherToBaby is a service of the non-profit Organization of Teratology Information Specialists (OTIS).  
MotherToBaby Pregnancy studies are conducted by OTIS and coordinated at the University of California San Diego.

**Information and Education**

**Resources for you & your patients**

MotherToBaby provides FREE evidence-based information on the safety of medications and other exposures during pregnancy and breastfeeding.

**WE CAN HELP WITH QUESTIONS REGARDING**

- prescription & OTC medications
- maternal medical conditions
- vitamins & supplements
- infections & vaccines
- chemical exposures
- alcohol & recreational drugs
- and more...

MotherToBaby is a suggested resource by the CDC and the FDA Office of Women's Health

**Access FREE Patient Services**

- Personalized information from a Teratogen Specialist
- Online fact sheets on common exposures

**Request Office Materials**

- Brochures
- Flyers
- Posters

# Primary Care Brochure

## Fetal Development Chart Insert

Critical periods of your  
baby's development



### WHAT ARE STRUCTURAL BIRTH DEFECTS?

Structural birth defects are abnormalities in the structure of body parts. Examples include cleft palate, heart defects and spina bifida.



### WHAT ARE FUNCTIONAL BIRTH DEFECTS?

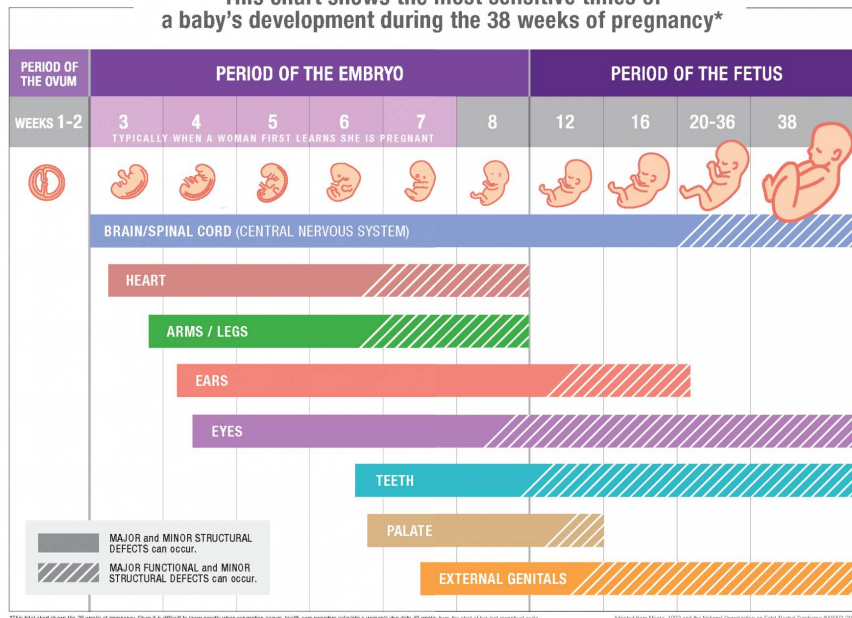
Functional birth defects are problems in how a body system works. Examples include hearing and vision loss.



### WHAT CAUSES BIRTH DEFECTS?

Birth defects can be caused by genetic (mutations) or environmental factors (teratogens). Examples of teratogens include alcohol, certain medications, and infections.

This chart shows the most sensitive times of  
a baby's development during the 38 weeks of pregnancy\*



### ASK THE EXPERTS

about the safety of medications and other exposures during pregnancy.

Call 877.311.8972

Visit [mothertobaby.org](http://mothertobaby.org)

Download App



**MotherToBaby**  
PREGNANCY STUDIES

### RESEARCH FUELED BY MOMS

For a list of our current observational studies and to see if you qualify, visit [mothertobaby.org/studies](http://mothertobaby.org/studies)