Your Trusted Partner in Identifying the Safest Treatment Options during Pregnancy

INFORMATION & RESEARCH

Observational Pregnancy Studies
Help us find answers to how medications affect pregnancy

PATIENT PARTICIPATION INVOLVES
- One to four phone interviews during pregnancy with at least one interview after delivery
- Releasing medical records for their pregnancy and for their baby up to 5 years of age
- May involve a free specialized pediatric exam and neurodevelopmental testing for their child
- No travel or changes to medication use or healthcare routine

Refer your patients today!
877.311.8972 to speak to a specialist
MotherToBaby.org/refer
mother@tobaby@ucsd.edu

Information and Education Resources for you & your patients

MotherToBaby provides FREE evidence-based information on the safety of medications and other exposures during pregnancy and breastfeeding.

WE CAN HELP WITH QUESTIONS REGARDING
- prescription & OTC medications
- infections & vaccines
- maternal medical conditions
- vitamins & supplements
- chemical exposures
- alcohol & recreational drugs
- and more...

MotherToBaby is a suggested resource by the CDC, and the FDA Office of Women's Health

Access FREE Patient Services
- Personalized information from a Teratogen Specialist
- Online fact sheets on common exposures

MotherToBaby is a non-profit organization that provides information and resources about the safety of medications and other exposures during pregnancy and breastfeeding.
Critical periods of your baby’s development

**WHAT ARE STRUCTURAL BIRTH DEFECTS?**
Structural birth defects are abnormalities in the structure of body parts. Examples include cleft palate, heart defects, and spina bifida.

**WHAT ARE FUNCTIONAL BIRTH DEFECTS?**
Functional birth defects are problems in how a body system works. Examples include hearing and vision loss.

**WHAT CAUSES BIRTH DEFECTS?**
Birth defects can be caused by genetic (mutations) or environmental factors (teratogens). Examples of teratogens include alcohol, certain medications, and infections.

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This chart shows the most sensitive times of a baby’s development during the 38 weeks of pregnancy*

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<th>PERIOD OF THE EMBRYO</th>
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<td>20-36</td>
<td>38</td>
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**ASK THE EXPERTS**
about the safety of medications and other exposures during pregnancy.
Call 877.311.8972
Visit mothertobaby.org
Download App

**RESEARCH FUELED BY MOMS**
For a list of our current observational studies and to see if you qualify, visit mothertobaby.org/studies