

MotherToBaby® Pregnancy Studies

ONGOING RECRUITMENT

VACCINES & VIRUSES

- COVID-19 Vaccines (any brand)
- COVID-19 Virus (confirmed recently)
- Pertussis/Tdap Vaccine

CHRONIC CONDITIONS

ASTHMA

Asthma

RHEUMATOLOGY

- Ankylosing Spondylitis
- Juvenile Idiopathic Arthritis
- Lupus
- Psoriatic Arthritis
- Rheumatoid Arthritis

DIGESTIVE

- Constipation
- Crohn's Disease

NEUROLOGICAL

Multiple Sclerosis

SKIN

- Eczema/Atopic Dermatitis
- Psoriasis

OTHER

Giant Cell Arteritis



MEDICATIONS

- Actemra® (tocilizumab)
- Adbry[™] (tralokinumab)
- Arava® (leflunomide)
- Aubagio® (teriflunomide)
- Benlysta® (belimumab)
- Cimzia® (certolizumab pegol)
- Dupixent
 ® (Dupilumab)
- Fasenra ® (Benralizumab)
- Ilumya[™] (tildrakizumab-asmn)
- Kesimpta® (ofatumumab) (US PATIENTS ONLY)
- Mayzent® (siponimod) (US PATIENTS ONLY)
- Motegrity® (prucalopride)
- Otezla® (apremilast)
- Tremfya® (guselkumab)

KEY MESSAGES FOR POTENTIAL PARTICIPANTS

Why are Pregnancy Studies important?

Pregnant people are typically excluded from clinical trials that occur when a drug is being developed. This means that once a medication is approved by the US Food & Drug Administration (FDA), it can be prescribed to patients with little to no information on the safety of the drug if used during pregnancy. Yet 9 out of 10 pregnant people in the U.S. take medication(s). Our studies provide critical information on the safety of medication use by following pregnant people and their babies. Results from our findings are used by moms and health providers to make treatment decisions and may be listed on drug labels that come with prescription medications.

What is involved when joining a MTB study?

Our studies are observational, which means people who enroll will not be asked to take any medications or vaccines or change any part of their routine. Participation includes:

- No travel required; you participate from the comfort of your home.
- 1-3 phone interviews during your pregnancy and at least 1 interview after you have your baby. Some studies may have additional interviews.
- Your permission to obtain a copy of medical records from your pregnancy and your baby's medical records from your health providers.

Why should I join a MTB Pregnancy Study?

If you join a study, you will have the opportunity to interact with our expert staff who can provide additional support during your pregnancy and answer any questions you may have about exposures during pregnancy and breastfeeding. Your participation will help us learn more about the safety of medications and/or vaccines during pregnancy; which can benefit future families.

"I'm not taking a medication, so why are you asking me to participate?"

In addition to seeking individuals who are taking medications, we also encourage **pregnant people who do not have a chronic health condition or are not taking any medications** to participate. These people help us determine if the medication or health condition being studied increases risks compared to a pregnancy without these exposures.

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You may qualify for one or more of our studies if you reside in the US or Canada, are currently pregnant and fit into one of the below groups:

Have taken a specific medication being studied during a current or previous pregnancy.

1

Have not taken the medication being studied, but have the same health condition as participants in group 1.

2

Have not taken the medication being studied and do not have the same health condition being studied.

3

MotherToBaby[®] Pregnancy Studies

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HOW CAN WE SUPPORT YOUR REFERRALS TO MOTHERTOBABY PREGNANCY STUDIES?





Reach out to Robert with comments, questions, or concerns: Robert Felix rfelix@health.ucsd.edu



Refer a patient today:

MotherToBaby.org/Health-Providers mothertobaby@health.ucsd.edu 877.311.8972