



Information and Education

Resources for you & your patients

MotherToBaby provides FREE evidence-based information on the safety of medications and other exposures during pregnancy and breastfeeding.

WE CAN HELP WITH QUESTIONS REGARDING

- prescription & OTC medications
- maternal medical conditions
- vitamins & supplements
- infections & vaccines
- chemical exposures
- alcohol & recreational drugs
- and more...







A huge part of MotherToBaby is observational research; to do this we depend on women sharing their experience. We put it all together and disseminate the information to health care providers and their patients so that together they can make evidence-based decisions about the best treatment in pregnancy.

—Christina Chambers, PhD, MPH Professor, University of California San Diego School of Medicine; Principal Investigator, MotherToBaby Pregnancy Studies

Observational Pregnancy Studies

Help us find answers to how medications affect pregnancy

PATIENT PARTICIPATION INVOLVES

- One to three phone interviews during pregnancy with at least one interview after delivery
- Releasing medical records for their pregnancy and for their baby up to 5 years of age
- May involve a free specialized pediatric exam and neurodevelopmental testing for their child
- No travel or changes to medication use or healthcare routine



877.311.8972 to speak to a specialist

MotherToBaby.org/refer

■ mothertobaby@ucsd.edu

MotherToBaby is the nation's most trusted resource for information and research about pregnancy exposures.

Contact Us Today Hablamos Español

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877.311.8972

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