

# Protecting You and Your Baby: Vaccines Recommended\* in Pregnancy

## Flu Shot

The **flu** during pregnancy increases your chance of getting very sick. This can lead to pregnancy problems, hospitalization, and even death.

The **FLU SHOT** is recommended every year, in any trimester of pregnancy.



### Did you know?

Vaccines are well studied in pregnancy and not shown to increase risks for the developing baby.

## COVID-19 Vaccine

**COVID-19** infection in pregnancy increases your chances of pregnancy problems, being hospitalized, needing a ventilator, and death.

The **COVID-19 VACCINE** is recommended in any trimester of pregnancy.

## RSV Vaccine

**RSV (respiratory syncytial virus)** can cause severe illness in babies. Getting the vaccine in pregnancy protects the baby from RSV after delivery.

The Abrysvo® **RSV VACCINE** is recommended between September and January for those who are 32 to 36 weeks pregnant and have not received the vaccine in a previous pregnancy.



### Did you know?

Studies show that the antibodies you make after getting vaccinated in pregnancy pass to your baby and can protect them for months after they are born.

## Tdap Vaccine

**Pertussis (whooping cough)** can be serious and even life threatening for young babies. Getting the Tdap vaccine in each pregnancy protects the baby from whooping cough after delivery.

The **TDAP VACCINE** is recommended in weeks 27-36 of every pregnancy.

**GET READY!** While you're thinking about vaccines during pregnancy, now is a great time to think about vaccines for your baby, too. Visit [HealthyChildren.org](https://www.HealthyChildren.org) for up-to-date recommendations and other helpful info about childhood vaccines.



Have more questions? Call 866-626-6847, text 855-999-3525, or visit [MotherToBaby.org](https://www.MotherToBaby.org) to connect with a MotherToBaby specialist.

\* Recommendations from leading medical organizations, including the American College of Nurse Midwives (ACNM), American College of Obstetricians and Gynecologists (ACOG), and the Society for Maternal-Fetal Medicine (SMFM).